

Tara@twinlifecoaching.ca

519-731-6467

LEADERSHIP WORKSHOP SERIES



**INCREASE PROFITS!
RETAIN EMPLOYEES!
COST SAVINGS!**

**HOW?
WITH A LEADERSHIP STRATEGY!**

Tara's workshop series teaches you the vital skills to create leaders who lead by example, have the tools and resources, and can coach their employees to business success.

Learn how to:

Communicate effectively and to show your employee's how.

Connect with the right people to build your business and teams.

Coach employees so they know they are being heard.

Professional development to stay on top of things for yourself and your team.

Creating teams that are engaged, at work, and who feel empowered.

Change Management.

Goal setting for your business, your employees, and for your strategy.

Stress Management.

Time Management.

Tools you can use and refer to whenever you need to.

Twin Life Coaching
& BUSINESS SERVICES 

tara@twinlifecoaching.ca

519-731-6467

www.twinlifecoaching.ca

Our training consists of 12 weekly online sessions or can be tailored depending on the unique needs of our clients.

Designed for a minimum of 10 people to a maximum of 25 to get the most out of our workshops.

Need something customized? Let us know and we will work with you to make this training perfect for you and your employees.

THE DETAILS

THE CURRICULUM

Curriculum:

- Hour 1 - Introduction and Leader vs Manager
- Hour 2 - Connecting in the relationship industry, with your company, and employees
- Hour 3 - Communication 1- all aspects (verbal, non-verbal, symbolic, written)
- Hour 4 - Communication 2 - continued
- Hour 5 - Coaching employees / Providing and receiving feedback (positive and constructive) / conflict management
- Hour 6 - Development of you and your employees (including being inclusive, honest, trustworthy and respectful of differences of opinions)
- Hour 7 - Teams - Creating and developing strong teams, know their why/value, engagement, behaviour
- Hour 8 - Change management
- Hour 9 - Goal Setting 1
- Hour 10 - Goal Setting 2
- Hour 11 - Self Care / Stress Management
- Hour 12 - Time Management and Conclusion